

## ASSUMPTION OF RISK AND RELEASE OF LIABILITY

*Please read before signing!*

### Assumption of Risk

In consideration for being allowed to utilize the programs, services, facilities, and equipment available in the Washington State University Student Recreation Center (hereafter referred to as SRC) and on the grounds surrounding it, I voluntarily agree to assume all risks involved in participating in or using the programs, services, facilities, and equipment of the SRC. I understand that supervision by Washington State University staff may not be provided and by participating in or using the programs, services, facilities, and equipment of the SRC, I expose myself to the risk of injuries including but not limited to temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck, or spinal injuries, loss of use of arms and/or legs, eye damage, disfigurement, drowning, or death. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur as a result of my participation in or use of the programs, services, facilities, and equipment of the SRC that cannot be specifically listed. Further, I recognize that the actions of other users of the center may cause harm or loss to my person or property.

### Release of Liability

I release the State of Washington, the Regents of Washington State University, Washington State University, the University Recreation Department, and the employees, agents, or representatives of Washington State University (hereafter referred to as the UNIVERSITY GROUP) from any and all liability, claims, costs, expenses, injuries, or losses including those resulting from acts of negligence by the UNIVERSITY GROUP that I may otherwise sustain as a result of my participation in or using the programs, services, facilities, and equipment of the SRC. I also release the UNIVERSITY GROUP from loss or damage to my person or property caused by other users of the center.

If any part or portion of this Assumption of Risk and Release of Liability is determined to be invalid or unenforceable, the remaining parts or portions shall be enforceable.

I have carefully read this Assumption of Risk and Release of Liability and fully understand its contents. I am aware that this Assumption of Risk and Release of Liability is a contract between the UNIVERSITY GROUP and myself and I sign it of my own free will.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**THIS DOCUMENT WILL BE CONSIDERED EFFECTIVE FROM THIS DATE FORWARD.**

Name (please print): \_\_\_\_\_

Signature of the Witness to the Signing of this Document:

Witness Name (please print): \_\_\_\_\_

**NOTE:** We strongly encourage you to consult with a physician before participating in any physical activity to determine any potential conditions that may adversely affect your participation. We encourage those with preexisting conditions to wear a medical alert bracelet or neck tag indicating the appropriate medical information. We strongly recommend that all participants have a medical insurance policy, either through university offered programs or through an outside agency that will cover injuries or illness that may occur due to participation in or use of Student Recreation Center programs, services, facilities, and equipment.

*If you have any questions regarding the language or details of this document prior to signing, please contact Jeff Elbracht at 509-335-9668, SRC Room 155.*

## What Members are Saying



“I’ve enjoyed my UREC membership for several years, particularly the flexible hours, the state-of-the art equipment, and the variety of services offered. Not only is going to the SRC convenient, but I also get to explore new ways of “wellness” by taking advantage of fitness classes in gravity, pilates, and yoga and the too infrequent massage therapy!”

—Chio Flores

*Director, Office of Financial Aid and Scholarships*



“I enjoy the positive energy I get from my daily workouts at the rec center. The open and light environment keeps me motivated to exercise.”

—Jerman Rose

*Associate Dean,  
College of Business  
SRC Member, 9 Years*

128278 7/09

REGISTER ONLINE  
urec.wsu.edu  
OR IN PERSON\*  
SRC Membership Services Desk  
*(right as you enter)*

FOR MORE  
INFORMATION, CALL  
509-335-UREC



*World Class. Face to Face.*

\*The SRC is located just off Stadium Way on North Fairway Drive across from the WSU Tennis Courts and Beasley Coliseum.



UNIVERSITY RECREATION

# Membership Information

# What's Included?

Student Recreation Center members have access to all facets of the SRC facility. Some highlights include:



Pool and Spa



Cardio Fitness Area



Weight Room



Basketball Courts



Racquet Sports



Elevated Track



Sport Court

For virtual tours and more information, visit [urec.wsu.edu](http://urec.wsu.edu).



## Additional Member Benefits

All SRC members receive various benefits not only within but outside the Student Recreation Center. They include:

- ✓ Free Weight Room and Cardio Equipment Orientations
- ✓ ORC Climbing Wall Access\*
- ✓ Access to Personal Training, Massage, and Group Fitness\*
- ✓ Discounted Intramural Sports Entries\*
- ✓ Free Equipment Checkout
- ✓ Complimentary Towel Service
- ✓ Access to Permanent Lockers\*
- ✓ Discounted ORC Adventure Trips and Equipment Rentals\*

*\*Additional costs may apply.*

## Family Time

University Recreation is pleased to provide members with the opportunity to have fun with their families at the Student Recreation Center.

Members may use the Student Recreation Center with their dependents who are under the age of 18 during scheduled family hours.\* The fee for a dependent to enter the facility with a parent or guardian member is \$1 per entry/per child. Children who are under the age of 14 must participate in all activities under the direct supervision of their parents or guardians.

The weight room and cardio areas are off limits to dependents under the age of 14. Those over 14 must complete a building and weight room orientation to participate in activities.

*\* Check [urec.wsu.edu](http://urec.wsu.edu) for SRC family hours.*

## Join Now—It's Easy!

Fill out the attached membership form and return it to the Student Recreation Center Membership Services Desk along with payment. You may also join by fax (335-4444) or online at [urec.wsu.edu](http://urec.wsu.edu).

Members must have a WSU CougarCard to enter the facility. For more information, visit [www.cougarcard.wsu.edu](http://www.cougarcard.wsu.edu).

### MEMBERSHIP AND USE OPTIONS

All of the following groups are eligible to purchase a membership to the world-class Student Recreation Center.

### WSU FACULTY AND STAFF

Current or retired WSU employees and those who perform a specific and related function for the University are eligible. Faculty and staff can choose to have annual membership and locker fees payroll deducted.

### ALUMNI ASSOCIATION MEMBERS

Dues-paying association members holding annual or lifetime status as alumni, former students, or Associated Friends of WSU are eligible.

### SPOUSE/PARTNER

All options allow for a spouse or partner to purchase a membership. A spouse or partner can be the primary member and join even if the eligible person with a direct relationship to WSU is not an SRC member. The University definition of partner is the sole person with whom the student or faculty/staff shares a relationship of at least six months, resides in the same household, and shares expenses and responsibilities.

### DEPENDENT MEMBERS

A current member can elect to have their dependent(s) between the ages of 18 and 25 join the SRC as an additional member. Dependents ages 16 and 17 are eligible for a membership but are limited to access during family time.

### ENTRY PASSES

Day passes can be purchased for a single entry into the facility for \$8 or 10 entries for \$72. Guest passes are also available for purchase by a current member who would like to participate in a SRC activity with a friend or family member and are \$5/day.

### PARKING

The SRC parking lot accepts all valid WSU parking permits; and hourly parking is available at the rate of \$.50 per hour. Parking is free on weekends and University holidays.

## STUDENT RECREATION CENTER MEMBERSHIP APPLICATION

Date \_\_\_\_\_

Name: \_\_\_\_\_ Cougar Card #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Faculty/Staff Membership	Annual	Semester	Summer
I am a current WSU Faculty/Staff Member	\$419	\$189	\$104
I am a retired WSU Faculty/Staff Member	\$419	\$189	\$104
I am a Spouse/Partner/Eligible Dependent of a SRC Faculty/Staff Member. Name of your Spouse/Partner/Legal Guardian: _____	\$372	\$189	\$104
I am the Spouse/Partner/Eligible Dependent of a NON SRC Faculty/Staff Member. Name of your Spouse/Partner/Legal Guardian: _____	\$419	\$189	\$104

Faculty, AP, and classified staff may deduct their membership from payroll. Only permanent employees can payroll deduct their membership. Valid membership is contingent upon continuous withdraw. Withdrawals for annual memberships may be made from 1, 12, or 24 paychecks. Semester and summer memberships may only be deducted from one paycheck. Deductions will only be terminated if an individual meets the criteria of the SRC Membership Refund Policy. Employees holding an appointment less than 12 months may only deduct their annual membership from 1 or 12 paychecks.

Number of deductions for employees holding 12 month appointment X 1 X 12 X 24  
 Number of deductions for employees holding an appointment less than 12 months X1 X 12

Name of employee who will have paycheck deductions made:

- Same as member applying  
 Different than member applying (please name) \_\_\_\_\_

Signature of Deductee \_\_\_\_\_

Alumni Association SRC Membership <i>(Must be a current member of the WSU Alumni Association to be eligible for this membership)</i>	Annual	Semester	Summer
I am a WSU Alumni Association Member	\$546	\$242	\$135
I am a Spouse/Partner/Eligible Dependent of a SRC Alumni Member	\$483	\$242	\$135

### SRC Membership Refund Policy

Student Recreation Center elected membership purchases will be refunded on a prorated basis only under the following circumstances:

- SRC member has separated from employment with the University.
- SRC member will be moving out of the area.
- SRC member has documented medical circumstances that will not allow them to use the facility.

*Prices are subject to change.*

### For Office Use Only

Payment:  Cash  Check  Credit Card  
 Payroll Deduct  Cougar Cash  Coupon

Membership Subtotal \$ \_\_\_\_\_ Employee Initials \_\_\_\_\_  
 Locker \$ \_\_\_\_\_  
 TOTAL \$ \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 CSGOLD DATABASD